



Brighter Futures

## Massage Therapist

### Purpose of the Post

Brighter Futures are looking for a Massage Therapist to join our Team on a part time basis.

### MAIN DUTIES

- Perform massage treatments using a range of therapeutic massage techniques.
- Provide excellent customer service and advice on stretching, relaxation, and general health.

### Accountable to:

Brighter Futures Manager

### Supervisory Responsibilities:

None

### DUTIES AND RESPONSIBILITIES – SPECIFIC

The Massage Therapist will be required to be responsible for:

- Provide 30-60 minute massages to clients by appointment only
- Guide clients through service offerings and determine which massages would benefit them most
- Take a detailed client history and note any health conditions
- Evaluate clients to determine painful or stressed areas of the body
- Advise clients on stretching, strengthening or relaxation methods
- Listen to clients during appointments and adjust technique as they desire

### METHODS OF WORKING

- Undertake any necessary training associated with the duties of the post.
- Comply with all Health and Safety Policies and Legislation in the performance of their duties and responsibilities.
- To keep all records up to date and accurate in line with the charity's requirements.
- Identify training needs in liaison with the line manager.
- Undertake all these duties ensuring the right to confidentiality of the staff, carers and children involved in the crèche.
- Promote Equal Opportunities and non-discriminatory practice within the charity.
- Commitment to Brighter Futures' aims and strategic objectives.

## PERSON SPECIFICATION

### Essential Criteria:

- A diploma/qualification in massage therapy from an accredited institution, covering anatomy, physiology, massage techniques, and practical training.
- Up to date certification and insurance.
- Experience as massage therapist.
- Team spirit and capacity to work with the highest level of confidentiality.
- Good interaction skills.
- Passion for health and wellbeing.
- Professional presentation.
- Ability to work independently and without supervision if required.
- Ability to communicate both orally and in writing.
- Willingness to commit to training.
- Satisfactory enhanced disclosure from the DBS.
- A customer focused approach to service delivery.

### Desirable Criteria:

- Diploma in Aromatherapy massage, Reflexology, Swedish Massage, Deep tissue and Indian head massage.
- Time management abilities

Brighter Futures is committed to safeguarding and promoting the welfare of children and young people and requires all staff and volunteers to share this commitment.

Please note: This post requires an Enhanced Disclosure and Barring Service (DBS) check.